



Titans News Waves



Titans Water Polo Competitive Program Newsletter

Number 1, November 2004

Welcome to the first edition of the Titans Newsletter, a new addition to our club communications toolbox. We hope to feature interesting people and happenings once a month throughout the competitive season. Comments and submissions are always welcome. Send to Carolyn: communications@titanswaterpolo.ca

Deadline for the next issue: November 26.

Calendar

Nov. 5-7	<i>Andrew Watson Memorial (Guelph), Youth Men & Women</i>
Nov. 5-7	<i>Hull Bantam Co-ed Invitation, Sharks & Dolphins</i>
Nov. 19-21	<i>K-W Cadet Winter Classic, Cadet Boys and Girls</i>
Nov. 26	<i>Ethics Course, Sportsplex, 6-10 p.m., open to all Titans coaches</i>
Nov. 27	<i>Montreal Metro League, Nessies & Barracudas</i>
Dec. 4	<i>Equipment Sale, U. of Ottawa, 11:30 a.m – 2:30 p.m.</i>
Dec. 5	<i>Equipment Sale, Carleton University, 8:30-11:30 a.m.</i>
Dec. 10-12	<i>Laval tournament, Cadet Girls</i>
Dec. 12	<i>Equipment Sale, Sportsplex, 6:30-8:30 p.m.</i>
Dec. 17-19	<i>K-W Bantam Winter Classic – Sharks, Dolphins, Barracudas, Nessies</i>
Dec. 28-30	<i>Titans Christmas Camp Contact: info@titanswaterpolo.ca</i>

Notices

Get Well Soon!

Charles Bouwer of the Cadet Boys team was unfortunately injured while engaged in another sport, one that is apparently played on very hard surfaces. His brilliant future in water polo is delayed a month or so until the casts come off.

Warning

Thieves are operating in the Sportsplex and Carleton University parking lots. They are professionals, so try not to leave anything valuable in your car that will attract them.

Montreal Metro League Day, October 24

by Sue Sidebottom, Nessies manager

The Nessies and Barracudas had a fun first trip of the year to Montreal. It was a worthwhile learning experience for all, but especially for our newest Academy members.

The Nessies had a challenging first game against St-Hyacinthe with a final score of 13 to 3 for our opponents. We certainly have to applaud the Nessies for their great efforts against a team primarily composed of boys, many of whom were bigger than our players. The Nessies won their second game against CAMO by a score of 8 to 6!

The Barracudas coached by Tristan Nuyens shone in their first game against Les Hydres. The boys won this very exciting game by a score of 11 to 10! Their second game was against St-Hyacinthe who proved to be a very strong team. After a great effort from the Barracudas, the final score was 12 to 2 for St-Hyacinthe.

Congratulations everyone on your terrific energy and teamwork!

You Say Pippuhduh, I Say Pipe-Da

When you filled out all those consent forms in September you probably realized that Titans athletes become members of our Provincial Sports Organization, the Ontario Water Polo Association. Do you know we also register all of our volunteers as OWPA members?

One reason is liability. Registration ensures that our active members are covered by insurance. Secondly, registration provides substantiated information on the size of our water polo community – all volunteers, competitive and recreational players. This is useful when we



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report to governing bodies, and to potential partners, such as the City of Ottawa.

This year, we need written consent to input your name and contact information into the new Water Polo Canada online database. So, if you want to be counted, and definitely if you are going to be a chaperone this year, take a minute and fill out a PIPEDA form. For more information, contact your team manager or Carolyn: registrar@titanswaterpolo.ca

Personality of the Month Coach Olo Pretaw



When and where did you first play water polo? Stockholm in 1956, in the bathtub. I was 3 years old. We were poor, so my little brother was the ball.

What is your most memorable water polo moment? I was touring through Europe with the famous Backstreet Water

Rats. We were at a tournament in Rome and I hadn't washed my Speedo in over 30 days... but no, that memory is too painful.

What is your coaching motto?

Even the underdog will have his Alpo.

Do you have any advice for our young athletes? First, do well in school! Second, if you win, remember you owe everything to the genius of your coach. If you lose, give me 100 push-ups!

Editor's note: All right, this item is a joke – for this edition only! Members are invited to submit a photo and short interview (100-200 words) and we'll feature one real personality – e.g coach, Titans "graduate", visiting athlete – each month.

Titans Executive Doings

Don't miss the new addition to the Titans web site: (drum roll) the *Admin* tab, which will lead you to the minutes of our club Executive meetings and AGM. Riveting reading! Visit www.titanswaterpolo.ca today!

All members are welcome to attend Exec meetings. For the time being, they are held every second Monday, at the Sportsplex, in the on-deck classroom, 8 p.m. Next meeting: November 8. (Next installment of the minutes about a week later.)

Do you have a great idea that you think would help the Titans organization? Please don't hesitate to contact our fearless leader, Pierre Tremblay, to share your thoughts and/or offer your help. He is: president@titanswaterpolo.ca

Which leads us to our next title ...

Help Wanted

Our club runs on the energy of our many volunteers. We are currently seeking members who are, but just don't know it yet, the next:

- ILWP Executive Member. Contact Pierre: president@titanswaterpolo.ca
- ILWP Pool Scheduling Coordinator. Contact Rosemary: ladylake@magma.ca
- Camps Coordinator. Contact Nancy: snihur@hotmail.com
- Web-Master. Contact Srecko: webmaster@titanswaterpolo.ca

Titans Teams – Would you like to watch your games on DVD?

Do you enjoy watching that really sweet skip shot over and over again, or stopping action to analyze the play? Do you want a convenient way to share your big win with friends and family who couldn't be at the tournament?

Your digital or analog video or even VHS tape or still photos can be transferred to high-quality DVD.

Your contribution will help to build the Titan's media library and you will pay just \$7 per DVD or less, a portion of which goes to the club. Everybody wins. To see the current catalogue, go the Titans web site and click on the *DVD* tab at the top of the page.



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If you would like to record an upcoming game, but you don't own your own digital video camcorder, then you can borrow the Titans club camera. For more information about the camera or transfers to DVD, contact Srecko: DVD@titanswaterpolo.ca

Fundraising

Bell Canada recently launched a program to support its employee volunteers who contribute to the 'true values' of community sports. Are you a Bell employee/retiree who volunteers with the Titans, or do you know someone who fits this description? If so, please look into this opportunity to have your volunteer hours recognized by both your employer and your club. Information can be found at:

http://www.bce.ca/data/documents/Sport_Fund_Web_Content_Qs&As_2004-10-20_en.pdf
or call Patti Hutton at 785-0042.

If you work for another organization that is committed to the health and well being of Canadians please help the Titans by investigating whether your employer offers a similar incentive.

Fundraising and corporate sponsorship is essential to support the Titans' operations and long-term mission. Our club is currently looking for a Fundraising Coordinator who can seek out opportunities wherever they exist and develop tools to help all members approach potential club sponsors. If you can help, please contact Pierre: president@titanswaterpolo.ca

Girls Recruitment and Retention Task Force

Head Coach David Hart and a group of volunteers are examining issues related to attracting girls and keeping them active in water polo. Already in the works is a Girls House League, which will bring together some of our competitive program athletes, former Titans, and university athletes for practice and games. It will include a strong youth mentorship element.

To get involved in the task force or for more information, contact David Hart: headcoach@titanswaterpolo.ca



Underwater Ballet

Credits

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