



Important Message Regarding Titans Code of Conduct and Possible Doping Testing During Events February 2009

Dear Titans Athletes, Parents and Coaches

As part of our on-going preparations for Provincials and Nationals we would like all athletes, parents and coaches to please review the Titans Code of Conduct, available here:

<http://titanswp.hypermart.net/Titans200809/CodeOfConduct/CodeOfConductComplete.pdf> .

Of particular interest would be the section on doping, including the possibility of unannounced doping testing at events. It is important for everyone concerned to realize that many over-the-counter medications as well as the obvious illegal substances are included on the list of banned substances.

The consequences of a positive test are very serious and can impact not only the results of the Titans team in question but also on the future participation of the athlete including any Provincial or Federal funding - eligibility for NCAA and continued involvement with the club. The Titans take a zero-tolerance attitude to Code of Conduct infractions in this area, and there could be serious sanctions imposed also by OWP and WPC.

More and more of our Titans community are being recognized through Quest For Gold funding and Sport Canada carding and some of our athletes may in the future be in consideration for a US scholarship.

Please take the time to consult the Doping website (and your Code of Conduct) since we can anticipate unannounced doping testing at some of the upcoming events this season.

The sole source in Canada is CCES Canadian Centre for Ethics in Sport <http://www.cces.ca/>

Here are specific links to key areas:

- Substance Classification Booklet: http://www.cces.ca/forms/resource_popup.cfm?lang=e&id=41
- Therapeutic Use Exemption Form: http://www.cces.ca/forms/resource_popup.cfm?lang=e&id=150
- Quick Reference Card http://www.cces.ca/forms/resource_popup.cfm?lang=e&id=163
- CCES Online Anti-Doping Education Course for Athletes <http://education.cces.ca>
- Doping Control Procedure Video
http://www.cces.ca/forms/index.cfm?dsp=template&act=view3&template_id=83&lang=e&pub_type=2

The video is very important because it is a good tool to educate athletes on what they can expect if they are called to Doping Control; it dispels myth/rumors but also is an eye-opener.

Cheers,
David Hart, Titans Head Coach
Paul Massel, Titans Competitive Programs Director