



## Letter from the Titans Head Coach

**August 2008**

Dear Athletes and Parents:

Welcome back! The 2008-09 Water Polo season is about to begin.

Last year, despite a variety of challenges, was our most successful performance season in history as we rose to the #1 ranked water polo club in Canada. This season represents another milestone for the club as I begin a two-year step-by-step 'phase-out' as the head coach for Titans. My departure, June 1, 2010 will complete a ten year commitment to building the Titans organization and it will also mark the 50<sup>th</sup> year of my involvement in competitive Aquatics as athlete/coach.

As you will know by now, we have already taken the first steps in this process of transferring leadership with the hiring of Jerry Tesanovic as the new boys 18+U/ 16+U competitive program coach along with Celso Rojas (formerly Pacific Storm Head Coach) as the new girls 18+U/ 16+U competitive program coach. Inquiries regarding 18+U or 16+U programs should be directed to Jerry and Celso. I urge you to support these two excellent leaders.

I will focus on three key areas this coming season:

- Rebuilding and revitalizing the ILWP and Academy programs through the creation of four regional team programs (Kanata, Nepean, Gloucester and Orleans),
- Production of written and video materials as a legacy to our coaches and athletes,
- Providing advice, guidance and support to Celso and Jerry in their new roles.

We have also taken steps to improve the planning and organization of our competitive programs by announcing team rosters during the summer.

Titans have adopted and continue to support both the LTAD program as well as the new Ontario Water Polo competitive initiatives for AAA and AA water polo and our teams and programs have been aligned accordingly.

We will expand the playing opportunities in town through the creation of a AA league for boys. Both the OWPL and the OWWPL will continue to operate through continued cooperation with the other key stakeholders in the National Capital Region.

This season we will offer Performance Polo to those athletes who are interested in increasing their training commitment. This program will take place on Fridays at Nepean Sportsplex.

Through discussions with both National coaches we are extremely pleased to announce that once again Titans will support the boys and girls NDC (National Development Center) programs. The girls program will be expanded to two sessions per week and the NDC will be officially taken over by Water Polo Canada.

At this point we are still in negotiations with swimming professionals to offer an optional swim enhancement program (details available at registration day).

Titans are also taking a lead role in the hosting of the 22+U men and women's national championships, to be held at Carleton University in March 2009 as a first step in the promotion of more opportunities for local players to continue their competitive water polo passion beyond the Titans experience.

Our recreational programs will continue to expand as we merge the adult recreational group with our House League players.

Here's looking forward to another exciting season. Go Titans!

David Hart – Titans Head Coach