



## 2009-2010 Recreational House League (ages 13+) Water Polo Program Information and Registration Form

Have fun while learning basic skills, tactics and rules of water polo in a positive environment that promotes sportsmanship and overall team play. All equipment is provided. Only a bathing suit is required.

### Players

Ages 13 and older. No water polo experience is necessary, but new players should be comfortable deep water swimmers. **If you are not familiar with water polo, come out and try it for FREE the first time, before signing up. Bring a friend along!** Contact us today for further information.

### Team Practices

- One weekly practice that is 1.5 hours long, that combines instruction in water polo skills like ball handling and game tactics with swimming endurance and speed.
- Players should sign up for one practice team:
  - University of Ottawa Pool, Sunday evenings, 6-7:30pm (**starts September 20**), or
  - St-Laurent Pool, Wednesday evenings, 7:30-9pm (**starts September 30**)

### Special Clinic

A special free clinic will be held on Wednesday 23 September at the St-Laurent Pool from 7:30pm to 9pm. All are welcome to participate. Bring a friend along!

### House League Games

Each player will be assigned by our coaching staff to a team for House League games, which will **start Saturday October 3** and end in late April. Games will take place most Saturdays at the University of Ottawa pool, 6-8pm. A house league game schedule will be posted on the Titans website under Calendar - please check it frequently for cancellations (due to swim meets, etc) and changes.

### Registration Fees

**Fee: \$600**

- Fees include \$15 recreational player registration fee with Ontario Water Polo (for liability insurance)
- Registration is not final until a completed registration form with your signature and payment are received. Payment can be made by cheque or money order, payable to *Titans Water Polo*.

### Registration

Please e-mail us so that we can save a spot for you. Registration forms should be mailed to: *Titans Water Polo, 1411A Carling Avenue, Suite 210, Ottawa, ON, K1Z 1A7*. Or come to our Titans Open House & Registration Day on Sunday, September 13, 1-3pm, at the Hilton Garden Inn Airport Hotel (2400 Alert Road) where registration forms and payment will be accepted and coaches will be on hand to chat. You can also bring your completed form and payment to the first practice. **\*\*Note that following a trial practice, all registration payments must be made in FULL before you can participate.**

**Contact us at: 613-680-4806 or [INFO@titanswaterpolo.ca](mailto:INFO@titanswaterpolo.ca)  
[www.titanswaterpolo.ca](http://www.titanswaterpolo.ca)**

# 2009-2010 Ottawa Titans Water Polo Association Recreational House League Registration Form

Complete and mail registration form with full payment. Cheques are payable to *Titans Water Polo*.  
Note that registration is not complete until these documents have been received.

Player's Name: \_\_\_\_\_

Brand New Player: \_\_\_\_ Experienced Player (indicate # of years): \_\_\_\_

Payment enclosed (by cheque ONLY, payable to *Titans Water Polo*) for:  
 \$600

Practice Location (please check one only, space is limited, first registered/first served):  
 St-Laurent Pool (Wed 7:30-9pm) or  
 University of Ottawa Pool (Sun 6-7:30pm)

Birth date: Day: \_\_\_\_ Month: \_\_\_\_ Year: \_\_\_\_ \*Note: required for insurance purposes.

Gender: Male:  Female:

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Primary E-mail Address: \_\_\_\_\_

Secondary E-mail Address: \_\_\_\_\_

Home Telephone Number: \_\_\_\_\_

If under 18: Mother's Name: \_\_\_\_\_

Work Number: \_\_\_\_\_

Cell Number: \_\_\_\_\_

If under 18: Father's Name: \_\_\_\_\_

Work Number: \_\_\_\_\_

Cell Number: \_\_\_\_\_

Allergies/ Medical Conditions (Please Print): \_\_\_\_\_

**Notice of Warning:** There is a potential risk of injury involved in training or participating in the sport of water polo. Ontario Water Polo (OWP) and its member clubs have tried to create a safe and controlled environment for participation. OWP has established rules for participation and conduct on and about the playing area that should be followed. Some hazards which may lead to catastrophic situations are: slips on the pool deck or surrounding area, chlorine leaks, ball injuries and personal body contact injuries, etc. As per the *Personal Information Protection and Electronic Documents Act*, I give permission to Titans Water Polo to enter the required personal information on the Water Polo Canada database which is managed by "Ottawa Online" (in order to register for liability insurance, a condition of the Titans contracts with area pools). My child and I have read, understood and agree to comply with the Titans **Code of Conduct** (available at [www.titanswaterpolo.ca](http://www.titanswaterpolo.ca)).

Parent Signature (if under 18 years of age): \_\_\_\_\_ Date: \_\_\_\_\_

Athlete Signature: \_\_\_\_\_ Date: \_\_\_\_\_